

SALT & ARROW RANCH

100% GRASS-FINISHED BEEF • PASTURE-RAISED PORK • POULTRY • EGGS

HOW TO ORDER: Text or email us your order request! We'll confirm freezer availability & send an itemized invoice for ranch pickup. **MINIMUM ORDER \$50**

(757) 469-4131 · saltandarrowranch@gmail.com

Find us at Old Beach Farmers Market, Virginia Beach — Saturdays 9am–noon (1st & 3rd Saturdays starting November)

100% GRASS-FINISHED BEEF

Beef Filet (Tenderloin)	\$51.99/lb
Ribeye Steak	\$42.99/lb
Porterhouse Steak	\$40.99/lb
New York Strip Steak	\$37.99/lb
T-Bone Steak	\$36.99/lb
Hanger Steak	\$34.99/lb
Flat Iron Steak	\$32.99/lb
Skirt Steak	\$31.99/lb
Flank Steak	\$27.99/lb
Sirloin Steak	\$23.99/lb
Tri-Tip Steak	\$22.99/lb
London Broil	\$18.99/lb
Sirloin Tip Steak / Brisket Steak	\$18.99/lb
Eye Roast / Chuck / Pot / Rump Roast	\$15.99/lb
Sirloin Tip Roast / Oxtail / Tongue	\$15.99/lb
Short Ribs / Brisket / Top Round	\$14.99/lb
Bottom Round / Stew Meat / Shank	\$14.99/lb
Ground Beef (1 lb pack)	\$13.99/pk
Beef Knuckle	\$9.00/lb
Heart / Beef Liver / Soup Bones	\$8.99/lb

PASTURE-RAISED PORK

Tenderloin / Bone-In Rack	\$18.99/lb
Boneless Loin	\$17.99/lb
Pastured Hot Dogs (1 lb pack)	\$16.99/pk
Pork Bacon (1 lb pack)	\$16.00/pk
Bone-In Chops (Thick/Thin)	\$15.99/lb
Italian Grillers (Sweet/Spicy)	\$14.49/pk
Bratwurst / Grillers / Chorizo / Jalapeño Cheddar	\$14.49/pk
Rope Sausage - Sage (1 lb)	\$13.99/pk
Pork Belly	\$13.99/lb
Breakfast Links (Maple/Sage)	\$13.49/pk
Loose Sausage (Sage/Chorizo/Italian)	\$12.99/pk
Spare Ribs	\$12.49/lb
Ground Pork (1 lb pack)	\$12.00/pk
Pork Butt	\$11.99/lb
Ham	\$10.99/lb
Scrapple (1 lb pack)	\$9.99/pk
Pork Hocks	\$7.99/lb
Pork Neck Bones	\$6.00/lb
Pork Feet	\$3.99/lb

MERCHANDISE

Branded T-Shirt	\$40.00
Logo Linen Bag	\$10.00

DOG TREATS

Dehydrated Hog Trotter (w/ hock)	\$30.00
Dehydrated Hog Trotter (reg)	\$20.00
Heads/Feet / Turkey Neck	\$5.00

EGGS

(Corn & Soy-Free, Max 3 doz)

Pastured Eggs (Large)	\$10.00/doz
Pastured Pullet Eggs	\$7.00/doz

HOLIDAY ORDERS

(Reserve with deposit)

Thanksgiving Whole Turkey \$75 deposit to reserve	\$10.00/lb
Holiday Ham - Fresh \$30 deposit to reserve	\$12.99/lb
Holiday Ham - Smoked \$30 deposit to reserve	\$14.99/lb

Hams are shank end, any size, and can be pre-sliced into individually packaged ham steaks.

POULTRY & TURKEY

Turkey Tenders	\$25.00/lb
Chicken Tenders	\$24.99/lb
Turkey Breast	\$23.00/lb
Ground Turkey (Whole Bird Blend)	\$22.99/lb
Chicken Breast	\$21.99/lb
Turkey Thighs	\$14.99/lb
Turkey Wings	\$14.00/lb
Chicken Thighs / Chicken Wings	\$12.99/lb
Turkey Drumstick	\$12.00/lb
Chicken Drumsticks	\$9.99/lb
Whole Chicken	\$9.00/lb
Turkey Neck	\$8.99/lb
Chicken Hearts / Livers / Gizzards	\$8.99/lb